

## Riverside Middle School Physical Education Information

### Basic Requirements

- Practice the basic skills in each activity
- Knowledge of the rules of the activities and sports covered in class
- **Must participate** in each activity in the Course of Study
- **Must wear proper and appropriate clothing** for all assigned activities

### Evaluation Criteria

- Points will be earned on a daily basis, up to 10pts per day
  - *Due to health and safety reasons students may not participate in class when he or she is not properly dressed.*
- Students will earn points based on being changed and participation in class
  - *A student not changed will earn no points for that day*
  - *Participation in class will determine amount of pts earned for students who are properly dressed*
- Students grade will be derived from the following:
  - 70% Dress and Participation/Cooperation/Sportsmanship
  - 30% Skills Test

### Medical Excuses

- Students must present doctors note to school nurse to be excused, an assignment will be given for a grade.

### Locks/Lockers/Locker Room

- Students will be issued a lock to use for the school year; no personal locks will be permitted. It will be returned to the teacher at the end of the year. Lost, misplaced or abused locks will be subject to a fine.
- **All books, bags, purses, cell phones are to be locked in the locker room.** Students will not be permitted to use Physical Education as a study hall.
- **Students should not share locks, lockers or combinations.**
- Between the time the bell rings to designate the beginning and end of a class period, no student is allowed to leave the Physical Education area. After changing to/from PE clothes students will remain in the locker room or designated area until dismissed by a teacher.
- **At NO time will food, drink, sprays, perfumes or colognes be permitted.**

### Proper Dress

- **Students must change into proper PE attire, consisting of a T-shirt, shorts or sweats, socks and sneakers.**
- Students are encouraged to wear Maroon and White
- Students may not wear – tank tops, hats, sunglasses, boxers or pajama bottoms, boots, sandals, school team uniforms, denim or cargo/khaki shorts, spandex, jewelry, bathing suits, clothing that has inappropriate logos (alcohol, discriminating, fearful, or distasteful)
- Students should routinely take clothing home to wash/clean.

### Parental Contact

- **Parents should remain in contact with the Physical Education Teacher via email or phone with any questions or concerns throughout the year.**