

# **RMS Resources & Information Packet**

## **Information and Referral Services:**

### **Contact - Burlington County Information and referral services:**

- Crisis Help line 856-234-8888 and for Information and Referral
- <http://contactburlco.org/services/24/7>
- They will provide information and direction on services provided in New Jersey

### **PerformCare/Children's Mobile Response and Stabilization Services (CMRSS)**

- 1-877-652-7624 (perform care) Ayuda par las familias de NJ
- Help with an urgent or crisis situation in home or community within one hour 24/7
- (not life threatening crisis)
- [www.performcarenj.org](http://www.performcarenj.org)

## **Crisis Services:**

### **Children's Mobile Response and Stabilization Services (CMRSS)**

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### **Screening Crisis Intervention Program (SCIP)**

- 1-609-835-6180 Outreach
- Outreach will come to home in crisis situations
- 609-267-5656 – SCIP at Lourdes Hospital 218 A Sunset Road Willingboro, NJ 08046

### **Hampton Behavioral Health Center**

- 800-603-6767
- In- patient adolescent program; Individual and group therapy
- Out- patient adolescent program; Individual and group therapy
- Can call for appointment to screen for services

## **Family Resources:**

### **Mom2Mom Helpline:**

- 877-914-mom2 (6662) (parents with special needs children)

### **Family Helpline/Parents Anonymous:**

- 1-800-843-5437 (for stressed parents)

### **Big Brothers/Sisters of Burlington County**

[www.bbbsbc.org](http://www.bbbsbc.org) – 856-616-2340

### **Family Crisis Intervention Unit**

FCIU provides crisis intervention, short-term family therapy, case management and court advocacy to families. The identified individual must be under the age of 18, live in Burlington County and meet one of the following definitions of being in a family crisis:

- Serious conflict between youth and family
- Runaway behavior
- Truancy
- Disorderly persons offense
- Other family conflict or problem

For more info: (609) 261-3330 <http://legacytreatment.org/services/crisis-intervention/#FCIU>

### **Family Support Organization of Burlington County**

- 609-265-8838
- 774 Eayrestown Road Lumberton, NJ 08048
- Support groups and classes

### **Counseling Services:**

#### **Finding a Counselor/Therapist:**

- Contact Insurance Company- # on back for mental/behavioral health services.
- [www.therapists.psychologytoday.com](http://www.therapists.psychologytoday.com)
- [www.nbcc.org/counselorfind](http://www.nbcc.org/counselorfind)
- <https://newjersey.mylicense.com/verification/>

#### **Family & Community Services (FACS)**

- 1-800-360-7711 intake
- 609-386-7331

#### **Center For Family Guidance**

- [www.ctrfamilyguidance.com](http://www.ctrfamilyguidance.com)
- 609-265-0408

#### **It Takes a Family LLC:**

- [www.ittakesafamilyllc.com](http://www.ittakesafamilyllc.com)
- 856-378-7292

#### **Oaks Integrated Services:**

- [www.oakscsintcare.org](http://www.oakscsintcare.org)
- 1-800-963-3377

#### **Legacy Treatment Services**

- <http://legacytreatment.org/services/counseling/>
- 609-267-1377 or 1-800-433-7365

#### **Moorestown Community Counseling Center:**

- [www.communitycounselingmoorestownvna.org](http://www.communitycounselingmoorestownvna.org)
- 856-380-1070
- 300 Harper Drive, Moorestown, NJ 08057

### **Support Groups:**

- NJ Self help group clearinghouse
- [www.njgroups.org](http://www.njgroups.org)
- 1-800-367-6274

### **Teen Help lines:**

- 1-800-suicide (784-2433)
- 1-800-273-talk (8255) – (national suicide prevention)
- 1-877-youthline (968-8454)
- 1-866-488-7386 – The Trevor Project GLBT
- [www.thetrevorproject.org](http://www.thetrevorproject.org)
- 1-888-222-2228 – youth helpline 2<sup>nd</sup> floor
- National runaway switchboard – 1-800-runaway

### **Education/Tutoring Services:**

#### **The Princeton Review Homework Help Services:**

- 24/7 Online tutoring – minimal cost
- <http://www.princetonreview.com/academic-tutoring/pricing>
- 1-800-273-8439

#### **Legacy Treatment Services: Education:**

The Learning Academy is a free tutoring service open to Burlington County children in kindergarten through eighth grade. Bachelor level teachers offer tutoring in all subjects during the school year and work to increase academic skills, develop confidence and improve attitudes toward school and learning. Each student who attends The Learning Academy works with his or her tutor to develop an individualized plan that addresses the areas of academic difficulty and sets specific academic goals. Due to the high demand for services, priority is given to those families demonstrating financial need.

Tutoring sessions must be scheduled in advance. For more information about the program, please call.

<http://legacytreatment.org/services/education/#LearningAcademy>

Family Success Center of Burlington County

45 High Street Mount Holly, NJ 08060

Phone: 609-267-4001

# PerformCare

## Helping families across New Jersey

PerformCare is the single point of entry for the New Jersey Children's System of Care (CSOC). Help is available for children, adolescents and young adults (up to age 21) seeking behavioral health, intellectual/developmental disability, or certain substance use treatment services.

### Available 24 hours a day, 7 days a week — 1-877-652-7624

Families should call if their child's behavior has changed or if they are overwhelmed by challenges at home or in the community. Some common reasons to call PerformCare include:

- Depression and/or anxiety.
- Bullying or being bullied.
- Physical or verbal aggression.
- Intellectual/developmental disabilities.
- Substance use.
- Inattention or hyperactivity.
- Oppositional or defiant behavior.
- Grief from major trauma.
- Concerns from teachers.

Families can also visit PerformCare's website at [www.performcarenj.org](http://www.performcarenj.org).

### Child-centered care in the right place

No matter what the challenge, the Children's System of Care can help put your child on the path to a better quality of life. Depending on your child's needs, CSOC services include:

- Referral to counseling services.
- Mobile response to stabilize crisis situations.
- Care management for intense and complex needs.
- Assessments to determine your child's needs.
- Behavioral supports for activities of daily living.
- Family support for education and advocacy.
- Respite services for families.
- Substance use treatment (up to age 18).

PerformCare is available 24 hours a day, 7 days a week, 365 days a year. Contact us toll-free (parents, guardians and youth):

**1-877-652-7624 or TTY: 1-866-896-6975**  
[www.performcarenj.org/families](http://www.performcarenj.org/families)



PerformCare associates are available 365 days a year to connect eligible children to individualized care.

Connect Family Center, Inc.  
IIC/BA Provider  
429 JFK Way  
Suite 236  
Willingboro, NJ 08046  
609-871-4442

NJ Children's System of Care  
Administered by PerformCare\*

[www.performcarenj.org](http://www.performcarenj.org)

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